

## REACHING OUT

I made it into this program because someone else worked their Twelfth Step on me. Someone passed it on to me. Someone was out there after they got clean and sober, caring about others. I need to never, ever forget that. Had they simply gone on with their lives and forgotten about people like me who were still out there using and suffering, I wouldn't be here today. My gratitude begins with that fact. It is with that gratitude in mind that I reach out to others, especially the newcomers. I need to have them in my life. That is where my spirituality begins. For me, spirituality comes from caring about others. I have found that the more I focus on improving the quality of the lives of others, the less I am into myself and my will. I feel a freedom and peace from within. The gifts I am beginning to receive in my life are greater than I could have ever imagined. Something else I have done is that I have forgiven myself. I have forgiven myself for being an addict. I have forgiven myself for all the damage I did to my life, to my physical health, and to my career and finances. But most of all, I have forgiven myself for all of the horrible, negative and unloving things I have felt about myself. It was not until I offered and accepted my own forgiveness, that I was truly able to grow in my sobriety.

## PHONE NUMBERS

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### Massachusetts Area of Cocaine Anonymous Area Business Meeting

Held on 2<sup>nd</sup> Sunday of Jan., March, May, July, Sept.,  
and Nov. at 5:00pm at Cambridge Hospital, Main  
Building 3<sup>rd</sup> floor Conference Room 1493  
Cambridge Street, Cambridge, MA 02139

**All Are Welcome!**

*Permission is hereby granted to reproduce, photocopy,  
and distribute this Meeting List in furtherance of  
Tradition 5.*

# Meeting List

## Cocaine Anonymous

Massachusetts, New Hampshire, Maine,  
Vermont, and Rhode Island Meetings



**HELPLINE 617-539-6090**

**WEBSITE [www.caofma.org](http://www.caofma.org)**

**EMAIL [info@caofma.org](mailto:info@caofma.org)**

Massachusetts Area of Cocaine Anonymous  
P.O. Box 391456 Cambridge, MA 02139-0015

*We're here and we're free!*

**September 2019**

## Massachusetts Meetings

**Sunday 7:30 - 8:45 PM**

**Any Lengths**

Big Book Topic, Speaker, Discussion - Open to all  
First Baptist Church - Alden Hall  
100 Winter Street  
Norwood, MA 02062

**Tuesday 7:30 - 8:30 PM**

**No Matter What**

Big Book, Step, Discussion - Open to all  
Cambridge Hospital - Macht Building  
1st Floor, Room 143  
1493 Cambridge Street  
Cambridge, MA 02139

**Friday 7:00 - 8:15 PM**

**Freedom to Choose**

Big Book, Speaker, Discussion - Open to all  
Cambridge Hospital - Macht Building  
2nd Floor, Auditorium  
1493 Cambridge Street  
Cambridge, MA 02139

## Rhode Island Meetings

**Saturday 7:30 - 9:00 PM**

**Saturday Night Live**

Speaker Discussion - Open to all  
Sayles Memorial Congregational Church  
185 Chapel Street  
Lincoln, RI 02865

## New Hampshire Meetings

**Friday 7:30 - 8:45 PM**

**The Weigh Out Group**

Step, Speaker, Discussion - Open to all  
First Baptist Church  
151 Washington Street  
Dover, NH 03820

## Maine Meetings

**Monday 6:30 PM**

**Sober Cobras**

Portland Recovery Community Center  
468 Forest Avenue  
Portland, ME 04101

**Wednesday 12:00 PM**

**Nooner**

Portland Recovery Community Center  
468 Forest Avenue  
Portland, ME 04101

**Thursday 7:30 - 8:30 PM**

**Ladies Night**

Meditation, Speaker, Discussion - Women Only  
Hope Gate Way  
509 Forest Avenue  
Portland, ME 04101

**Saturday 6:00 PM**

**A Way Out (Candlelight & Meditation)**

Hope Gate Way  
509 Forest Avenue  
Portland, ME 04101

**Sunday 11:00 AM**

**Four Facts Group**

Big Book, Discussion  
Portland Recovery Community Center  
468 Forest Avenue  
Portland, ME 04101

## Vermont Meetings

**Monday Night 8:00 - 9:00 pm**

**Three Legged Stool**

Open Step Discussion - Open to All  
Act1 Detox  
184 Pearl Street  
Burlington, Vermont 05401

## Preamble

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances and to help others achieve the same freedom.

## H&I Commitments

Hospitals and Institutions always need volunteer speakers! Please go to our website at [www.caofma.org](http://www.caofma.org) for current list of all CA H&I commitments. Requirements are 3 months sober to speak and 6 months sober to chair. Just show up or contact our H&I Chairperson via the helpline at 617-539-6090 or email at [info@caofma.org](mailto:info@caofma.org). All are welcome to attend!

**Massachusetts Area of Cocaine Anonymous, Inc.**  
*All information is accurate as of the publication date of this list - CALL HELPLINE or VISIT WEBSITE for up-to-date meeting information.*

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