

## REACHING OUT

I made it into this program because someone else worked their Twelfth Step on me. Someone passed it on to me. Someone was out there after they got clean and sober, caring about others. I need to never, ever forget that. Had they simply gone on with their lives and forgotten about people like me who were still out there using and suffering, I wouldn't be here today. My gratitude begins with that fact. It is with that gratitude in mind that I reach out to others, especially the newcomers. I need to have them in my life. That is where my spirituality begins.

For me, spirituality comes from caring about others. I have found that the more I focus on improving the quality of the lives of others, the less I am into myself and my will. I feel a freedom and peace from within. The gifts I am beginning to receive in my life are greater than I could have ever imagined.

Something else I have done is that I have forgiven myself. I have forgiven myself for being an addict. I have forgiven myself for all the damage I did to my life, to my physical health, and to my career and finances. But most of all, I have forgiven myself for all of the horrible, negative and unloving things I have felt about myself. It was not until I offered and accepted my own forgiveness, that I was truly able to grow in my sobriety.

## PHONE NUMBERS

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### Cocaine Anonymous of Massachusetts, Inc. Area Business Meeting

Held on 2nd Sunday of Jan., March, May, July, Sept., and Nov.

6:15 pm at Cambridge Hospital, Main Building

3rd floor Conference Room

1493 Cambridge Street, Cambridge, MA 02139

**All Are Welcome!**

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# Meeting List

## Cocaine Anonymous

Massachusetts, New Hampshire,  
and Rhode Island Meetings



HELPLINE

**617-539-6090**

WEBSITE

**[www.caofma.org](http://www.caofma.org)**

Cocaine Anonymous Massachusetts, Inc.  
P.O. Box 391456  
Cambridge, MA 02139-0015

*We're here and we're free!*

**July 2017**

## Massachusetts Meetings

**Sunday 7:30 - 8:45 PM**

**Any Lengths**

Big Book Topic Speaker/Discussion - Open to all  
First Baptist Church - Alden Hall  
100 Winter Street  
Norwood, MA 02062

**Monday 7:15 - 8:15 PM**

**Relief Seekers**

Mixed Format Big Book Discussion  
St. Charles Rectory Hall  
30 Taylor Street  
Waltham, MA 02453

**Tuesday 7:30 - 8:30 PM**

**No Matter What**

Big Book/Step/Discussion  
Cambridge Hospital, Macht Building  
1st Floor Room 143  
1493 Cambridge Street  
Cambridge, MA 02139

**Friday 7:00 - 8:30 PM**

**Freedom to Choose**

Speaker/Discussion - Open to all  
Cambridge Hospital, Macht Building  
2nd Floor Auditorium  
1493 Cambridge Street  
Cambridge, MA 02139

## Rhode Island Meetings

**Thursday 7:30 - 8:30 PM**

**Thursday Night Steps**

12 & 12 Step Discussion  
Sayles Memorial Congregational Church  
185 Chapel Street  
Lincoln, RI 02865

**Saturday 7:30 - 9:00 PM**

**Saturday Night Live**

Speaker / Discussion  
Sayles Memorial Congregational Church  
185 Chapel Street  
Lincoln, RI 02865

## New Hampshire Meetings

**Friday 7:30 - 8:45 PM**

**The Weigh Out Group**

Speaker Step Discussion - Open to all Baptist Church  
151 Washington Street  
Dover, NH 03820

**Monday, Wednesday, Friday 12:00-1:00 PM**

**Unlovely Creatures**

Big Book Step Study/Discussion-Open to all  
Safe Harbor Recovery Center  
865 Islington Street  
Portsmouth, NH 03801

## Preamble

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances and to help others achieve the same freedom.

*All information is accurate as of the publication date of this list – CALL HELPLINE or VISIT WEBSITE for up-to-date meeting information.*

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